

### TEN LITTLE SLEEPYHEADS

By Elizabeth Provost

E PROVO

This irresistible rhyming read-aloud story-acted out by a cast of one-of-a-kind bugs-is the perfect countdown-to-bedtime book.

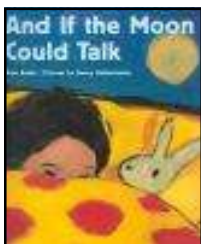
### GOODNIGHT, MOON

By Margaret Wise Brown

E BROWN



In a great green room, tucked away in bed, a little bunny says goodnight to all the familiar things. The quiet poetry of the words and the gentle, lulling illustrations combine to make a perfect book for the end of the day.



### And if the Moon Could Talk

By Kate Banks E BANKS

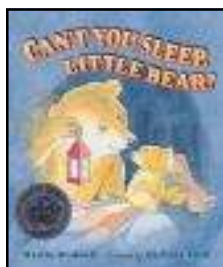
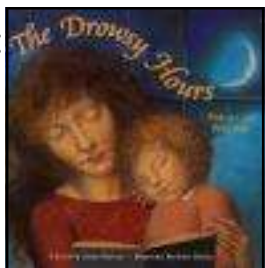
In this tranquil, evocative picture book, text and pictures illuminate interior and exterior nighttime scenes, showing us what the moon might see and say, if it could talk..

### THE DROWSY HOURS : POEMS FOR BEDTIME

Selected by Susan Pearson

Easy J811.008 DROWS

Baby toes, moonlit seas, soft lullabies, and night breezes are all part of "The Drowsy Hours, a collection of sixteen vivid nighttime poems, just right for bedtime reading.



### CAN'T YOU SLEEP, LITTLE BEAR?

By Martin Waddell E WADDE

Afraid of the dark, Little Bear has trouble sleeping in his cave. Big Bear brings him a teeny-weeny lantern to chase the dark away. When that doesn't work, Big Bear brings a medium-sized lantern, then the Biggest Lantern of Them All.

## BOOKS ON PARENTING

### THE HAPPIEST BABY ON THE BLOCK :

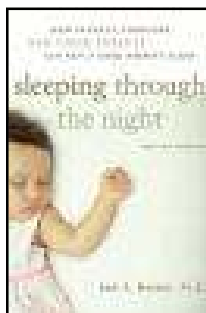
#### The New Way to Calm Crying and

#### Help Your Baby Sleep Longer

By Harvey Karp 649.122 KARP



Five steps—swaddling, holding the baby in a side/stomach position, shushing, swinging, and sucking—simulate the womb environment and trigger a baby's Calming Reflex in no time!



### SLEEPING THROUGH THE NIGHT

By Jodi Mindell 618.92 MINDE

A child psychologist explains how parents can teach their baby or toddler to fall asleep and how parents and other members of the family can cope with the stresses a sleepless child can create.



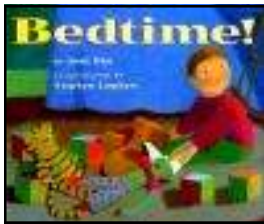
# Bedtime Books



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The sooner you establish a bedtime routine, the better. What you include in your ritual is up to you, but we can't help but notice that experts advise that a BOOK (or, even better, BOOKS) be part of your sleepytime plan. Here are a few of our favorites. Let us know what works for you!



**BEDTIME**

By Joan Blos E BLOS

After his grandmother has tucked his stuffed animals into bed one by one, a young boy is (finally) ready to go to sleep.

**A BIG BED FOR JED**

By Laurie Friedman E FRIED

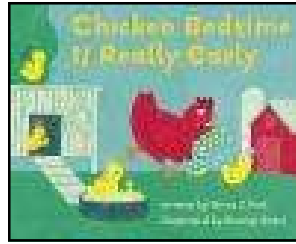
When Jed is reluctant to move from his crib into a big-kid bed, his entire family comes up with a plan to make him change his mind.



**BILLY'S BIG BOY BED**

By Phyllis Tildes E TILDE

As Billy gets too big for his crib, his parents buy him a new bed, but Billy is not sure he is ready for the change, until his favorite teddy bear ends up sleeping in the new bed.



**CHICKEN BEDTIME IS REALLY EARLY**

By Erica Perl E PERL

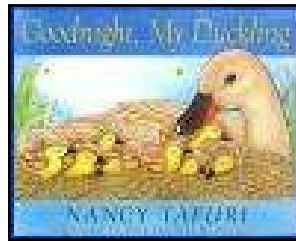
" 'A story, a story!' the young bunnies roar. And just as it ends, all the bunnies beg: 'More!' "

Sound familiar? It turns out no one wants to go to sleep, not the chickens, bunnies, sheep, or fishes in this clever bedtime romp.

**ARE YOU READY FOR BED?**

By Jane Johnson E JOHNS

Little Bunny doesn't want to go to sleep. No matter what his mother tries, her youngest bunny refuses to sleep. But finally, Little Bunny wears himself out, and Mrs. Rabbit thinks she can get some rest. But just as she begins to drift off, whose turn is it to wake up now?



**GOODNIGHT, MY DUCKLING**

By Nancy Tafuri E TAFUR

As the light begins to fade over the pond, Mama Duck announces to her eight ducklings that it is time for bed. She and seven of her charges start toward home but one straggler is distracted by the other animals that bid him good night.

**IT'S TOO SOON!**

By Nigel McMullen E MCMUL

Anna thinks it is too early to go to bed, but her grandfather leads her one step at a time.



**LITTLE QUACK'S BEDTIME**

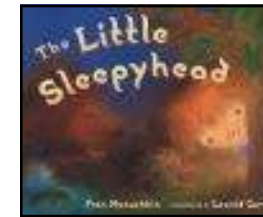
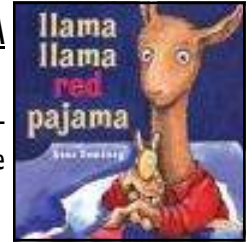
By Lauren Thompson E THOMP

Join Widdle, Waddle, Piddle, Puddle, and of course, Little Quack, as Mama gets them ready for bed. One by one these curious, fuzzy babies, drift away to sleep until finally Little Quack is the only duckling still awake. With a little loving encouragement from Mama, Little Quack finally closes his eyes and dreams.

**LLAMA LLAMA RED PAJAMA**

By Anna Dewdney E DEWDN

In this infectious rhyming read-aloud, Baby Llama turns bedtime into an all-out llama drama!



**THE LITTLE SLEEPYHEAD**

By Fran Manushkin E MANUS

Meet the Little Sleepyhead, who lives back when the world is so young that the rocks are little pebbles and the chicks are still in their eggs. He's tired from playing all day. Where will he sleep?

**SLEEPYTIME RHYME**

Remy Charlip E CHARL

Affectionately illustrated pages show a mother and baby playing in the nursery, and the beguiling backdrops feature the clouds, the stars, the moon—the whole world—mirroring their unconditional devotion.

